



Nerstrand Elementary Breakfast

MAR 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2
Banana Bread Ultra Slice
Fruit
Milk

3
Cinnamon Mini Bagel
Fruit
Milk

4
Pop-Tart
Fruit
Milk

5
Blueberry Muffin
Fruit
Milk

6

7
Assorted Cereal
Fruit
Milk

8
Nutri Grain Bar
Fruit
Milk

9
Ultimate Breakfast Round
Fruit
Milk

10
Pop-Tart
Fruit
Milk

11
Chocolate Muffin
Fruit
Milk

12

13
Assorted Cereal
Fruit
Milk

14
Ultimate Breakfast Round
Fruit
Milk

15
Cherry Frudel
Fruit
Milk

16
Chocolate Muffin
Fruit
Milk

17
Assorted Breakfast
Fruit
Milk

18

19
No School

20
No School

21
No School

22
No School

23
No School

24

25
No School

26
Nutri Grain Bar
Fruit
Milk

27
Ultimate Breakfast Round
Fruit
Milk

28
Assorted Breakfast
Fruit
Milk

29
Chocolate Muffin
Fruit
Milk



Nerstrand Elementary Lunch

MAR 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2
Chicken Nuggets w/Seasoned Rice
Italian Sub
Hot Veggie
Veggie Tray
Salad
Fruit

3
Waffle & Turkey Sausage
Chicken Caesar Wrap
Hot Veggie
Veggie Tray
Fruit

4
Chicken Patty on a Bun
Turkey Sub
Hot Veggie
Veggie Tray
Fruit

5
Italian Dunkers w/Sauce
Sun Butter & Jelly Sandwich
Hot Veggie
Veggie Tray
Fruit

Offered Daily: Fresh Fruits, Vegetables, Nonfat & Lowfat Milk

7
Grill Cheese Sandwich
Fun on the Run
Hot Veggie
Veggie Tray
Fruit

8
Pancakes & Turkey Sausage
Chicken Caesar Salad
Hot Veggie
Veggie Tray
Fruit

9
Cheesy Nacho
Italian Sub
Hot Veggie
Veggie Tray
Fruit

10
Chicken Nuggets w/Seasoned Rice
Sun Butter & Jelly Sandwich
Hot Veggie
Veggie Tray
Fruit

11
Homemade Mini Pizza
Turkey Ham Sub
Hot Veggie
Veggie Tray
Fruit

14
Walking Chicken Taco
Italian Sub
Hot Veggie
Veggie Tray
Fruit

15
Italian Dunkers
Sun Butter & Jelly Sandwich
Hot Veggie
Veggie Tray
Fruit

16
Chicken Corndog
Turkey Sub
Hot Veggie
Veggie Tray
Fruit

17
French Toast & Turkey Sausage
Chicken Caesar Wrap
Hot Veggie
Veggie Tray
Fruit

18
Build Your own Sub
Turkey Sub
Turkey Ham Sub
Assortment of Toppings
Shredded Lettuce
Sliced Tomato
Pickles
Veggie Tray
Bag of Chips
Fruit

21
No School

22
No School

23
No School

24
No School

25
No School

28
No School

29
Walking Chicken Taco
Sun Butter & Jelly Sandwich
Hot Veggie
Veggie Tray
Fruit

30
Grilled Cheese Sandwich
Fun on the Run
Hot Veggie
Veggie Tray
Fruit

31
Cheesy Nacho
Chicken Caesar Wrap
Hot Veggie
Veggie Tray
Fruit

Homemade Mini Pizza
Turkey Ham Sub
Hot Veggie
Veggie Tray
Fruit