

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**1**  
Pancakes & Turkey Sausage  
Pizza Bento Box  
Hot Veggie  
Veggie Tray  
Canned Fruit

**2**  
Cheese Nachos  
Turkey Ham Sandwich  
Hot Veggie  
Veggie Tray  
Fruit

**3**  
B.B.Q. Chicken Sandwiches  
Fun on the Run  
Hot Veggie  
Veggie Tray  
Fruit

**4**  
Cheese Pizza  
Protein Power Up Box  
Hot Veggie  
Veggie Tray  
Fruit

Offered Daily: Fresh Fruits, Vegetables, Nonfat & Low fat Milk

**7**  
Chicken Nuggets w/Rice  
Pizza Bento Box  
Hot Veggie  
Veggie Tray  
Fruit

**8**  
Italian Dunkers w/sauce  
Yo-to-Go  
Hot Veggie  
Veggie Tray  
Fruit

**9**  
Cheeseburger  
Orange Chicken w/Rice  
French Fries  
Veggie Tray  
Fresh Banana

**10**  
Chicken Sandwich on a Bun  
Protein Power Up  
Hot Veggie  
Veggie Tray  
Fruit

**11**  
Build your own Sub  
Turkey Sub  
Turkey Ham Sub  
Assortment of Toppings  
Shredded Lettuce  
Sliced Tomato  
Pickles  
Veggie Tray  
Bag of Chips  
Fruit

**14**  
Chicken Sandwich on a Bun  
Italian Meatball Sandwich  
Hot Veggie  
Veggie Tray  
Fruit

**15**  
Walking Taco  
Blueberry Parfait  
Hot Veggie  
Veggie Tray  
Fruit

**16**  
French Toast & Turkey Sausage  
Sweet & Sour Chicken w/Rice  
Hot Veggie  
Veggie Tray  
Fruit

**17**  
B.B.Q. Chicken Sandwich  
Fun on the Run  
Hot Veggie  
Veggie Tray  
Fruit

**18**  
No School

**21**  
No School

**22**  
Chicken Corn Dog  
Protein Power Up Box  
Hot Veggie  
Veggie Tray  
Fruit

**23**  
Chicken Sandwich on a Bun  
Lasagna Rollups  
Hot Veggie  
Veggie Tray  
Fruit

**24**  
Italian Dunkers w/Sauce  
American Sandwich  
Steamed Peas  
Hot Veggie  
Veggie Tray  
Fruit

**25**  
Nacho  
Yo-To-Go Box  
Hot Veggie  
Veggie Tray  
Fruit

**28**  
Cheeseburger  
Sandwich Bento Box  
Hot Veggie  
Veggie Tray  
Fruit

Menu subject to change based on supplies on hand.



# Nerstrand Elementary Breakfast

# FEB 2022

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

1

1

Ultimate Breakfast Round  
Fruit  
Milk

2

Cherry Frudel  
Fruit  
Milk

3

Chocolate Muffin  
Fruit  
Milk

4

Assorted Cereal  
Fruit  
Milk

A VARIETY OF FRESH & CHILLED FRUITS, 100% FRUIT JUICES, AND/OR DRIED FRUIT OFFERED DAILY

7

Nutrigrain Bar  
Fruit  
Milk

8

Banana Bread Ultra Slice  
Fruit  
Milk

9

Cinramon Mini Bagels  
Fruit  
Milk

10

Pop-Tart  
Fruit  
Milk

11

Chocolate Muffin  
Fruit  
Milk

LOWFAT AND FAT FREE MILK OFFERED DAILY

14

Assorted Cereal  
Fruit  
Milk

15

Cracker  
Fruit  
Milk

16

Ultimate Breakfast Round  
Fruit  
Milk

17

Pop-Tart  
Fruit  
Milk

18

No School

21

No School

22

Assorted Cereal  
Fruit  
Milk

23

Nutrigrain Bar  
Fruit  
Milk

24

Chocolate Muffin  
Fruit  
Milk

25

Assorted Breakfast Item  
Fruit  
Milk

28

Assorted Cereal  
Fruit  
Milk

Menu subject to change based on  
supplies on hand

This institution is an equal opportunity provider.