

Nerstrand

DEC

1

8

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

happy ...

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Lunch includes choice of entrée listed, variety of fruits and vegetables, and choice of milk. Cheese Burger American Sub Green Beans Assorted Fruit Canned Pears Salad Milk

4

Beefy Nacho Yogurt Parfait Mixed Vegetables Assorted Fruit Canned Peaches Veggie Tray Milk Breakfast for Lunch: French Toast Sticks & Turkey Sausage Chicken Caesar Salad Potato Wedges Assorted Fruit Canned Applesauce Salad

Orange Chicken Bowl Chicken Caesar Wrap Steamed Broccoli Assorted Fruit Canned Pears Salad Milk Mozzarella Stuffed Breadsticks with Marinara Sauce Chicken Caesar Salad Corn Assorted Fruit Canned Mixed Fruit Veggie Tray Milk

BBQ Chicken Sandwich Turkey Sub Peas Assorted Fruit Canned Pears Salad Mijk

11

Cheeseburger
Ham Sub
Carrots
Assorted Fruit
Canned Peaches
Salad
Milk

12

5

Chicken Drumstick with Breadsticks
Garden Salad
Mixed Vegetables
Assorted Fruit
Canned Applesauce
Veggle Tray
Milk

Milk

13

6

Cheese Pizza Chef Salad Veggie Tray Assorted Fruit Canned Pears Caesar Sald Milk 14

Chicken Strips
Chicken Caesar Wrap
Baked Beans
Assorted Fruit
Canned Mixed Fruit
Veggie Tray
Milk

cooks 15

18

Sloppy Joe Sandwich Crispy Chicken Salad Steamed Broccoli Assorted Fruit Canned Peaches Salad Milk 19

Walking Taco Yogurt Parfait Mixed Vegetables Assorted Fruit Canned Applesauce Veggie Tray 20

Chick'n Nuggets with Breadstick Chef Salad Corn Assorted Fruit Canned Pears Salad Milk 21

Corn Dog Chicken Caesar Wrap Green Beans Assorted Fruit Canned Mixed Fruit Veggie Tray Milk 22

No School













Breakfast Menu



1

8

MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY

Assorted Muffins Cheese Stick craisin Assorted Fruit Milk

Menu subject to change based on product availability

Ultimate Breakfast Round Craisin Assorted Fruit Milk

Cereal Cheese Stick Assorted Fruit & Juice Milk Cherry Frudel Craisin Assorted Fruit Milk

Banana Bread Assorted Fruit & Juice Milk

Mini Confetti Pancakes Craisin Assorted Fruit Milk

LOW FAT AND FAT FREE MILK OFFERED DAILY

11

4

Cereal Cheese Stick Craisin Assorted Fruit Milk 12

5

Apple Frudel Assorted Fruit & Juice Milk 13

6

Chocolate Muffin Cheese Stick Craisin Assorted Fruit Milk 14

7

Ultimate Breakfast Round Assorted Fruit & Juice Milk cooks 15

18

Strawberry Pop Tart Cheese Stick Craisin Assorted Fruit Milk 19

Cinnamon Cream Cheese Bagel Assorted Fruit & Juice Milk 20

Assorted Muffins Cheese Stick Craisin Assorted Fruit Milk 21

Cereal
Cheese Stick
Assorted Fruit
& Juice
Milk

22

29

No School

All items subject to change based on product availability.

25

No School

26

No School

27

No School

28

No School

No School

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Dairy Free- Nerstrand



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
				Hamburger Assorted Fruit & Veggies Oat Milk		
4	5	6	7	8		
Crispy Chicken Sandwich Assorted Fruit & Veggie Oat Milk	Waffles & Turkey Sausage Assorted Fruit & Veggies Oat Milk	Orange Chicken Bowl Assorted Fruit & Veggies Oat Milk	Daiya Pizza Assorted Fruit & Veggies Oat Milk	BBQ Chicken Sandwich Assorted Fruit & Veggies Oat Milk		
Hamburger Assorted Fruit & Veggles Oat Milk	Chicken Drumstick w/ Roll Assorted Fruit & Veggies Oat Milk	Daiya Pizza Assorted Fruit & Veggies Oat Milk	Crispy Chicken Sandwich Assorted Fruit & Veggies Oat Milk	Cooles Choice		
18	19	20	21	22		
Sloppy Joe Sandwich Assorted Fruit & Veggies Oat Milk	Sunbutter Sandwich Assorted Fruit & Veggies Oat Milk	Chicken Nugget w/ Roll Assorted Fruit & Veggies Oat Milk	Corn Đog Assorted Fruit & Veggies Oat Milk	No School		
Have a great winter break!						
25	26	27	28	29		
No School	No School	No School	No School	No School		

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Dairy Free- Nerstrand Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
				Blueberry Muffin Graham Cracker Craisin Assorted Fruit Oat Milk		
All menu items are subject to change based on product availability.						
4	5	6	7	8		
Blueberry Muffin Graham Cracker Craisin Assorted Fruit Oat Milk	Cereal Graham Cracker Assorted Fruit & Juice Cat Milk	Strawberry Pop Tart Graham Cracker Craisin Assorted Fruit Oat Milk	Benana Muffin Graham Cracker Assorted Fruit & Juice Oat Milk	Waffle Craisin Assorted Fruit Oat Milk		
11	12 Strawberry Pop Tart	13 Blueberry Muffin	14	Cooks Choice		
Graham Cracker Craisin Assorted Fruit Oat Milk	Graham Cracker Assorted Fruit & Juice Oat Milk	Graham Cracker Craisin Assorted Fruit Oat Milk	Graham Cracker Assorted Fruit & Juice Oat Milk	choice		
18	19	20	21	22		
Strawberry Pop Tart Graham Cracker Craisin Assorted Fruit Oat Milk	Banana Muffin Graham Cracker Assorted Fruit & Juice Oat Milk	Blueberry Muffin Graham Cracker Craisin Assorted Fruit Oat Milk	Cereal Graham Cracker Assorted Fruit & Juice Oat Milk	No School		
Have a great winter break!						
25	26	27	28	29		
No School	No School	No School	No School	No School		

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