

**Nerstrand Elementary School Policy 807**  
**Independent Charter School District #4055**

*Adopted: 03/09/2009*

**807 Physical Restraint Policy**

The purpose of the Nerstrand Elementary School Physical Restraint Policy is to adopt a philosophy that emphasizes the safety of all students and staff. Physical restraint shall be used only in emergency situations when other less intrusive alternatives have failed or been deemed inappropriate. School personnel shall use physical restraint with two goals in mind:

- a. To protect a member of the school community from imminent, serious, physical harm.
- b. To prevent or minimize any harm to the student as a result of the use of physical restraint.

The response to potentially dangerous situations shall maximize the use of prevention and de-escalation by the establishment of procedures. Such procedures shall be annually reviewed and provided to school staff and made available to parents of enrolled students. Such procedures shall include, but not be limited to:

Methods for identifying and preventing student violence, self-injurious behavior, and suicide, including de-escalation of potentially dangerous behavior occurring among groups of students or with an individual student.

- a. A description and explanation of the school's or program's method of physical restraint.
- b. Reporting requirements and follow-up procedures.
- c. A procedure for receiving and investigating complaints regarding restraint practices.