



Nerstrand Elementary School

LUNCH

November 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4

- 1 • Cheeseburger
- 2 • Strawberry Fields Parfait
- Diced Peaches
- Diced Bartlett Pears
- Baby Carrots Fresh
- Broccoli Florets Green
- Peas Celery Sticks
- 1% Milk/Chocolate Milk

5

- 1 • Cheese Quesadilla
- 2 • Chicken Caesar Salad
- Goldfish Crackers
- Banana
- Applesauce
- Fresh Sliced Apples
- Romaine Lettuce
- Refried Beans
- 1% Milk/Chocolate Milk

6

- 1 • Sloppy Joe Sandwich
- 2 • Turkey & Cheese Sandwich
- Sliced Peaches
- Fruit Cocktail
- Steamed Broccoli
- Baby Carrots
- Fresh Broccoli Florets
- Celery Sticks
- 1% Milk/Chocolate Milk

7

- 1 • Beef & Cheese Nachos
- 2 • Garden Greens Salad
- Wheat Dinner Roll
- Fresh Sliced Apples
- Orange Smiles
- Banana
- Diced Pears
- Romaine Lettuce
- Seasoned Carrot Coins
- 1% Milk/Chocolate Milk

8

- 1 • Old School Cheese Pizza
- 2 • Ham & Cheese Sandwich
- Applesauce
- Diced Pears
- Blanched Broccoli Florets
- Celery Sticks
- Green Peas
- Carrot Sticks
- 1% Milk/Chocolate Milk

11

- 1 • Glazed Chicken Drumstick
- 2 • Chicken Caesar Wrap
- Wheat Dinner Roll
- Diced Peaches
- Diced Pears
- Celery Sticks
- Low Country Green Beans
- Baby Carrots
- Fresh Broccoli Florets
- 1% Milk/Chocolate Milk

12

- 1 • Walking Nachos
- 2 • Chef Salad
- Wheat Dinner Roll
- Apple
- Unsweetened Applesauce
- Banana
- Vegetarian Refried Beans
- Romaine Lettuce
- 1% Milk/Chocolate Milk

13

- 1 • Crispy Chicken Nuggets
- 2 • Ham & Cheese Sandwich
- Blueberries
- Mixed Fruit Cocktail
- Carrot and Celery Sticks
- Fresh Broccoli Florets
- Steamed Broccoli
- 1% Milk/Chocolate Milk

14

- 1 • Old School Cheese Pizza
- 2 • Blueberry Patch Parfait
- String Cheese Stick
- Honey Graham
- Crackers Fresh Sliced
- Apples Orange Smiles
- Banana Seasoned
- Carrot Coins
- Romaine Lettuce
- 1% Milk/Chocolate Milk

15

NO SCHOOL

18

- 1 • Sweet & Sour Chick'n Rice Bowl
- 2 • Turkey & Cheese Sandwich
- Diced Bartlett Pears
- Diced Peaches
- Baby Carrots
- Fresh Broccoli Florets
- Celery Sticks
- Low Country Green Beans
- Beans
- 1% Milk/Chocolate Milk

19

Breakfast for Lunch

- 1 • Pancakes and Sausage
- 2 • Fruit & Yo To Go Box
- Apple
- Banana
- Unsweetened
- Applesauce Romaine
- Lettuce
- Refried Beans
- 1% Milk/Chocolate Milk

20

- 1 • Beef & Cheese Nachos
- 2 • Popcorn Chicken Salad
- Breadstick
- Mixed Fruit Cocktail
- Blueberries
- Steamed Broccoli
- Celery Sticks
- Fresh Broccoli Florets
- Baby Carrots
- 1% Milk/Chocolate Milk

21

- 1 • Crispy Chicken Sandwich
- 2 • American Deli Sandwich
- Fresh Sliced Apples
- Orange Smiles
- Banana
- Romaine Lettuce
- Seasoned Carrot Coins
- 1% Milk/Chocolate Milk

22

- 1 • Old School Cheese Pizza
- 2 • Buffalo Wrap
- Diced Bartlett Pears
- Applesauce
- Green Peas
- Fresh Broccoli Florets
- Baby Carrots
- Celery Sticks
- 1% Milk/Chocolate Milk

25

- 1 • Cheese Lasagna Rollup
- 2 • Ham & Cheese Sandwich
- Breadstick
- Diced Bartlett Pears
- Diced Peaches
- Fresh Broccoli Florets
- Baby Carrots
- Celery Sticks
- Low Country Green Beans
- 1% Milk/Chocolate Milk

26

- 1 • Mozzarella Stuffed Breadsticks
- 2 • Fruit & Yo To Go Box
- Unsweetened Applesauce
- Banana
- Apple
- Romaine Lettuce
- Vegetarian Baked Beans
- 1% Milk/Chocolate Milk

27

NO SCHOOL

28

NO SCHOOL

29

NO SCHOOL

Elementary Meal Prices Milk: \$0.53





Nerstrand Elementary School

BREAKFAST

November 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 <ul style="list-style-type: none"> Banana Muffin String Cheese Stick Raisins Apple Juice Cup 1% Milk 	5 <ul style="list-style-type: none"> Cocoa Puffs Cereal String Cheese Stick Pureed Bananas Cherry Flavored Craisins 1% Milk 	6 <ul style="list-style-type: none"> Cherry Frudel Stick Sliced Apples Grape Juice Cup 1% Milk 	7 <ul style="list-style-type: none"> Blueberry Muffin String Cheese Stick Raisins Orange Juice Cup 1% Milk 	8 <ul style="list-style-type: none"> Cinnamon Cream Cheese Mini Bagels Watermelon Flavor Craisins Apple Juice Cup 1% Milk
11 <ul style="list-style-type: none"> Apple Jacks Cereal String Cheese Stick Raisins Apple Juice Cup 1% Milk 	12 <ul style="list-style-type: none"> Double Chocolate Chip Muffin String Cheese Stick Watermelon Flavor Craisins Orange Juice Cup 1% Milk 	13 <ul style="list-style-type: none"> Chocolate Chip UBR Banana Grape Juice Cup 1% Milk 	14 <ul style="list-style-type: none"> Cinnamon Toast Crunch Cereal String Cheese Stick Raisins Orange Juice Cup 1% Milk 	15 <p style="text-align: center;">NO SCHOOL</p>
18 <ul style="list-style-type: none"> Wild Blueberry Waffle String Cheese Stick Raisins Apple Juice Cup 1% Milk 	19 <ul style="list-style-type: none"> Trix Cereal reduced sugar String Cheese Stick Watermelon Flavor Craisins Orange Juice Cup 1% Milk 	20 <ul style="list-style-type: none"> Cinnamon UBR Banana Grape Juice Cup 1% Milk 	21 <ul style="list-style-type: none"> Frosted Strawberry Pop-Tart String Cheese Stick Raisins Orange Juice Cup 1% Milk 	22 <ul style="list-style-type: none"> Double Chocolate Chip Muffin String Cheese Stick Diced Pears Apple Juice Cup 1% Milk
25 <ul style="list-style-type: none"> Cinnamon UBR Raisins Apple Juice Cup 1% Milk 	26 <ul style="list-style-type: none"> Strawberry Creamy Cheese Mini Bagels Fruit Cocktail Grape Juice Cup 1% Milk 	27 <p style="text-align: center;">NO SCHOOL</p>	28 <p style="text-align: center;">NO SCHOOL</p>	29 <p style="text-align: center;">NO SCHOOL</p>

Elementary Meal Prices Milk: \$0.53

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