



October 2025

Breakfast

Nerstrand Elementary School

MONDAY

29

B-Café Classics

- Apple Frudel Stick
- Dried Cranberries
- Apple Juice Cup
- Chocolate Skim Milk
- 1% Milk

TUESDAY

30

B-Café Classics

- Cocoa Puffs Cereal
- Cheez-It Crackers .75 oz. Pouch
- Applesauce
- Orange Juice Cup
- 1% Milk
- Chocolate Skim Milk

WEDNESDAY

1

B-Café Classics

- Wild Blueberry Waffle
- Banana
- Apple Juice Cup
- Chocolate Skim Milk
- 1% Milk

THURSDAY

2

B-Café Classics

- Oatmeal Chocolate Chip UBR
- Fresh Whole Apple
- Grape Juice Cup
- 1% Milk
- Chocolate Skim Milk

FRIDAY

3

B-Café Classics

- Goldfish Crackers
- Double Chocolate Chip Muffin
- Raisins
- Apple Juice Cup
- 1% Milk
- Chocolate Skim Milk

6

B-Café Classics

- String Cheese Stick
- Cinnamon Toast Crunch Cereal
- Dried Cranberries
- Apple Juice Cup
- Chocolate Skim Milk
- 1% Milk

7

B-Café Classics

- Frosted Fudge Pop-Tart
- Cheez-It Crackers .75 oz. Pouch
- Applesauce
- Orange Juice Cup
- 1% Milk
- Chocolate Skim Milk

8

B-Café Classics

- Oatmeal Chocolate Chip Ultimate Breakfast Round
- Banana
- Apple Juice Cup
- 1% Milk
- Chocolate Skim Milk

9

B-Café Classics

- Cinnamon Toast Crunch Cereal
- Cinnamon Giant Goldfish Grahams
- Fresh Whole Apple
- Grape Juice Cup
- 1% Milk
- Chocolate Skim Milk

10

B-Café Classics

- Apple Frudel Stick
- Raisins
- Apple Juice Cup
- Chocolate Skim Milk
- 1% Milk

13

B-Café Classics

- String Cheese Stick
- Cinnamon Toast Crunch Cereal
- Raisins
- Dried Cranberries
- Apple Juice Cup
- 1% Milk
- Chocolate Skim Milk

14

B-Café Classics

- Double Chocolate Chip Muffin
- Honey Graham Crackers
- Applesauce
- Grape Juice Cup
- Chocolate Skim Milk
- 1% Milk

15

B-Café Classics

- Wild Blueberry Waffle
- Banana
- Apple Juice Cup
- Chocolate Skim Milk
- 1% Milk

16

B-Café Classics

- String Cheese Stick
- Frosted Strawberry Pop-Tart
- Fresh Whole Apple
- Grape Juice Cup
- 1% Milk
- Chocolate Skim Milk

17

B-Café Classics

- Cherry Frudel Stick
- Raisins
- Apple Juice Cup
- 1% Milk
- Chocolate Skim Milk

20

B-Café Classics

- String Cheese Stick
- Cocoa Puffs Cereal
- Raisins
- Apple Juice Cup
- 1% Milk
- Chocolate Skim Milk

21

B-Café Classics

- Cinnamon Ultimate Breakfast Round
- Applesauce
- Grape Juice Cup
- 1% Milk
- Chocolate Skim Milk

22

B-Café Classics

- Wild Blueberry Waffle
- Banana
- Apple Juice Cup
- Chocolate Skim Milk
- 1% Milk

23

B-Café Classics

- String Cheese Stick
- Frosted Strawberry Pop-Tart
- Fresh Whole Apple
- Grape Juice Cup
- 1% Milk
- Chocolate Skim Milk

24

B-Café Classics

- Cherry Frudel Stick
- Raisins
- Apple Juice Cup
- 1% Milk
- Chocolate Skim Milk

27

B-Café Classics

- String Cheese Stick
- Pancake Bites
- Cinnamon Toast Crunch Cereal
- Dried Cranberries
- Apple Juice Cup
- Chocolate Skim Milk
- 1% Milk

28

B-Café Classics

- String Cheese Stick
- Blueberry Muffin
- Applesauce
- Grape Juice Cup
- 1% Milk
- Chocolate Skim Milk

29

B-Café Classics

- Oatmeal Chocolate Chip Ultimate Breakfast Round
- Banana
- Apple Juice Cup
- 1% Milk
- Chocolate Skim Milk

30

B-Café Classics

- String Cheese Stick
- Cinnamon Toast Crunch Cereal
- Frosted Fudge Pop-Tart
- Fresh Whole Apple
- Grape Juice Cup
- 1% Milk
- Chocolate Skim Milk

31

B-Café Classics

- Apple Frudel Stick
- Raisins
- Apple Juice Cup
- Chocolate Skim Milk
- 1% Milk

Elementary Meal Prices Milk: \$0.53

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October 2025

Lunch

Nerstrand Elementary School

MONDAY

29

- BBK-Main Event
- Turkey & Cheese Deli Sandwich
 - Walking Nachos
 - Applesauce
 - Diced Peaches
 - Fruit Cocktail
 - Celery Sticks
 - Vegetarian Baked Beans
 - Baby Carrots
 - Fresh Broccoli Florets
 - 1% Milk
 - Chocolate Skim Milk
 - Sour Cream
 - Mayonnaise
 - Thick & Chunky Salsa
 - Ranch Dressing

TUESDAY

30

- BBK-Main Event
- Crispy Chicken Sandwich
 - Blueberry Patch Parfait
 - String Cheese Stick
 - Applesauce
 - Diced Pears
 - Seasoned Carrot Coins
 - Chilled Peas
 - Cherry Tomatoes
 - Romaine Lettuce
 - 1% Milk
 - Chocolate Skim Milk
 - Ranch Dressing
 - Ketchup
 - Mayonnaise

WEDNESDAY

1

- BBK-Main Event
- Chicken Caesar Wrap
 - Cheeseburger
 - Blueberries
 - Diced Peaches
 - Green Peas
 - Celery Sticks
 - Fresh Broccoli Florets
 - Baby Carrots
 - Chocolate Skim Milk
 - 1% Milk
 - Ketchup
 - Ranch Dressing
 - Yellow Mustard PC

THURSDAY

2

- BBK-Main Event
- Deli Turkey, Ham & American Bento
 - Glazed Chicken Drumstick
 - Oven Fired Flatbread
 - Diced Pears
 - Fruit Cocktail
 - Cherry Tomatoes
 - Low Country Green Beans
 - Chilled Peas
 - Romaine Lettuce
 - Chocolate Skim Milk
 - 1% Milk
 - Ketchup
 - Mayonnaise
 - Ranch Dressing

FRIDAY

3

- BBK-Main Event
- Cheese Pizza
 - Chef Salad
 - Dinner Roll
 - Applesauce
 - Diced Peaches
 - Celery Sticks
 - Fresh Broccoli Florets
 - Steamed Broccoli
 - Baby Carrots
 - Chocolate Skim Milk
 - 1% Milk
 - Ranch Dressing

6

- BBK-Main Event
- Crispy Chicken Nuggets
 - Turkey & Cheese Deli Sandwich
 - Dinner Roll
 - Fruit Cocktail
 - Diced Peaches
 - Celery Sticks
 - Fresh Broccoli Florets
 - Baby Carrots
 - Vegetarian Baked Beans
 - 1% Milk
 - Chocolate Skim Milk
 - Ketchup
 - Mayonnaise
 - Ranch Dressing

7

- BBK-Main Event
- Corn Dog
 - Strawberry Fields Parfait
 - String Cheese Stick
 - Diced Pears
 - Applesauce
 - Romaine Lettuce
 - Cherry Tomatoes
 - Seasoned Carrot Coins
 - Chilled Peas
 - 1% Milk
 - Chocolate Skim Milk
 - Ranch Dressing
 - Ketchup
 - Yellow Mustard PC

8

- BBK-Main Event
- Grilled Cheese Sandwich
 - Crispy Chicken Wrap
 - Diced Peaches
 - Wild Blueberries
 - Celery Sticks
 - Baby Carrots
 - Fresh Broccoli Florets
 - Green Peas
 - 1% Milk
 - Chocolate Skim Milk
 - Ranch Dressing

9

- BBK-Main Event
- Protein Power Up Box
 - Crispy Chicken Sandwich
 - Fruit Cocktail
 - Diced Pears
 - Roasted Green Beans
 - Chilled Peas
 - Cherry Tomatoes
 - Romaine Lettuce
 - 1% Milk
 - Chocolate Skim Milk
 - Mayonnaise
 - Ranch Dressing
 - Ketchup

10

- BBK-Main Event
- Crispy Chicken Salad
 - Cheese Pizza
 - Dinner Roll
 - Applesauce
 - Diced Peaches
 - Celery Sticks
 - Fresh Broccoli Florets
 - Baby Carrots
 - Steamed Broccoli
 - 1% Milk
 - Chocolate Skim Milk
 - Ranch Dressing

13

- BBK-Main Event
- Turkey & Cheese Deli Sandwich
 - Crispy Chicken Nuggets
 - Diced Peaches
 - Fruit Cocktail
 - Baked Beans
 - Celery Sticks
 - Fresh Broccoli Florets
 - Carrot Sticks
 - Chocolate Skim Milk
 - 1% Milk

14

- BBK-Main Event
- Cheeseburger
 - Buffalo Chicken Wrap
 - Fruit Cocktail
 - Applesauce
 - Garden Side Salad
 - Parmesan Green Beans
 - 1% Milk
 - Chocolate Skim Milk

15

16

17

20

- BBK-Main Event
- Turkey & Cheese Deli Sandwich
 - Beef & Cheese Nachos
 - Diced Peaches
 - Applesauce
 - Fruit Cocktail
 - 1% Milk
 - Chocolate Skim Milk
 - Thick & Chunky Salsa
 - Ranch Dressing
 - Sour Cream
 - Mayonnaise

21

- BBK-Main Event
- Hearty Garden Vegetable Salad
 - Meatballs with Brown Gravy
 - Dinner Roll
 - Diced Pears
 - Banana
 - Applesauce
 - Chocolate Skim Milk
 - 1% Milk
 - Ranch Dressing

22

- BBK-Main Event
- Mozzarella Stuffed Breadsticks
 - Grilled Cheese Sandwich
 - Crispy Chicken Wrap
 - Diced Peaches
 - Banana
 - Celery Sticks
 - Crinkle Cut Sweet Potato Fries
 - Fresh Broccoli Florets
 - Carrot Sticks
 - 1% Milk
 - Chocolate Skim Milk
 - Ranch Dressing

23

- BBK-Main Event
- Popcorn Chicken
 - Fruit & Yo To Go Box
 - Vanilla Goldfish Graham
 - Fruit Cocktail
 - Diced Pears
 - Green Peas
 - Tomato & Cucumber Salad
 - 1% Milk
 - Chocolate Skim Milk
 - Ranch Dressing
 - Mayonnaise
 - Ketchup

24

- BBK-Main Event
- Crispy Chicken Salad
 - Cheese Pizza
 - Dinner Roll
 - Diced Peaches
 - Applesauce
 - 1% Milk
 - Chocolate Skim Milk
 - Ranch Dressing

27

- BBK-Main Event
- Corn Dog
 - Hearty Garden Vegetable Salad
 - Garlic Knot Breadstick
 - Diced Peaches
 - Fruit Cocktail
 - Seasoned Carrot Coins
 - Fresh Broccoli Florets
 - Carrot Sticks
 - Chocolate Skim Milk
 - 1% Milk
 - Ranch Dressing
 - Ketchup

28

- BBK-Main Event
- EZ Pizza Bento Box
 - Beef Soft Taco
 - Diced Pears
 - Applesauce
 - Tomato and Shredded Lettuce Salad
 - Vegetarian Refried Beans
 - 1% Milk
 - Chocolate Skim Milk
 - Thick & Chunky Salsa
 - Sour Cream
 - Ranch Dressing

29

- BBK-Main Event
- Strawberry Fields Parfait
 - Crispy Chicken Sandwich
 - String Cheese Stick
 - Fruit Cocktail
 - Diced Peaches
 - Carrot Sticks
 - Parmesan Green Beans
 - 1% Milk
 - Chocolate Skim Milk
 - Ketchup
 - Mayonnaise
 - Ranch Dressing

30

- BBK-Main Event
- Protein Power Up Box
 - Original Hot Dog
 - Fruit Cocktail
 - Diced Pears
 - Romaine Lettuce
 - Chilled Corn
 - 1% Milk
 - Chocolate Skim Milk
 - Ranch Dressing
 - Ketchup
 - Yellow Mustard PC

31

- BBK-Main Event
- Chef Salad
 - Cheese Pizza
 - Dinner Roll
 - Diced Peaches
 - Applesauce
 - Roasted Green Beans
 - Chocolate Skim Milk
 - 1% Milk
 - Ranch Dressing

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