



Nerstrand Elementary Breakfast

October
2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
			Apple Frudel, WG Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	Strawberry Pop-Tart, WG Cheese Stick Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
5	6	7	8	9
Cocoa Puffs Cereal Bar, WG Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	Chocolate Chip Brekkie ,WG Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	Strawberry Banana Yogurt Cup Homemade Granola Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	Mini Cinnis Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	Choice of Cereal Cheese Stick Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
12	13	14	15	16
Brekkie, WG Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	Cinnamon Cream Cheese Filled Bagel, WG Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	NO SCHOOL	NO SCHOOL	NO SCHOOL
19	20	21	22	23
Goldfish Graham Crackers Cheese Stick Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	Apple Frudel, WG Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	Choice of Cereal Bug Bites Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	Birthday Cake Snack Bread, WG Cheese Stick Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	Strawberry Banana Yogurt Cup Scooby Snacks Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk
26	27	28	29	30
Mini Maple Waffle, WG Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	Brekkie, WG Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	Strawberry Banana Yogurt Cup Homemade Granola Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	Mini Cinnis Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk	Choice of Cereal Cheese Stick Fruit Selection Juice Selection 1% Unflavored White Milk 1% low Fat Chocolate Milk

PRICES	EXTRA INFO
Student Breakfast	Free
Extra Milk	\$.60
Adult Breakfast	\$2.55

Milk Choice of Unflavored Skim or Chocolate
Skim is included with breakfast and lunch.
For questions or comments, contact Food
Service Director: Madeline Berndt @
mberndt@faribault.k12.mn.us



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
			Corn Dog Turkey Deli Sub Sandwich French Fries Celery Sticks Applesauce Fresh Orange Quarters 1% Unflavored White Milk 1% low Fat Chocolate Milk	Homemade Cheese Bread Marinara Sauce Turkey Ranch Wrap Glazed Carrots Caesar Side Salad Diced Pear Fresh Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk
5	6	7	8	9 HOM - Clementine
Hot Turkey Ham & Cheese on Flatbread Chef Salad Tater Tots Cherry Tomato Diced Peaches Apple 1% Unflavored White Milk 1% low Fat Chocolate Milk	Oven Fried Chicken Leg Flaky Biscuit Turkey Ham Deli Sub Sandwich Scalloped Potatoes Red/Orange Bell Pepper Strips Mixed Fruit Banana 4% low Fat Chocolate Milk	Walking Taco Diced Tomatoes & Shredded Cheddar Mini Corn Dogs Spiced Pinto Beans Shredded Lettuce Pineapple Tidbits Fresh Grapes 1% Unflavored White Milk 4% low Fat Chocolate Milk	Crispy Chicken Sandwich WG Bun Yogurt Parfait with Strawberries & Granola Steamed Green Beans Carrot Sticks Applesauce Fresh Pear 1% Unflavored White Milk 4% low Fat Chocolate Milk	Homemade Cheese Pizza Roasted Beef Hot Dog on a Bun Roasted Broccoli Cucumber Slices Diced Pear Clementine Orange 1% Unflavored White Milk 1% low Fat Chocolate Milk
12	13	14	15	16
Chicken Alfredo w/Pasta Garlic Toast Sunbutter and Jelly Sandwich Roasted Broccoli Baby Carrots Diced Peaches Apple 1% Unflavored White Milk 1% low Fat Chocolate Milk	Cheeseburger on WG Bun Yogurt Parfait with Blueberries & Granola French Fries Celery Sticks Mixed Fruit Fresh Orange Quarters 1% Unflavored White Milk 1% low Fat Chocolate Milk	NO SCHOOL	NO SCHOOL	NO SCHOOL
19	20	21	22	23 HOM - Broccoli & LTO Citrus Corn Salad
Creamy Chicken Spaghetti Bread Stick Turkey Ham Deli Sub Sandwich Steamed Peas Celery Sticks Diced Peaches Apple 1% Unflavored White Milk 1% low Fat Chocolate Milk	French Toast Sticks Sausage Patty Crispy Chicken Sandwich WG Bun Hashbrown Potato Rounds Carrot Sticks Mixed Fruit Banana 1% Unflavored White Milk 1% low Fat Chocolate Milk	Homemade Orange Chicken Brown Rice, WG Grilled Cheese Sandwich Steamed Carrots Cherry Tomato Pineapple Tidbits Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	Beef Tacos, Soft Fixings for Taco Diced Tomatoes & Shredded Cheddar Honey Mustard Turkey Ham Wrap Spiced Pinto Beans Shredded Lettuce Applesauce Fresh Orange Quarters	Cheesy Bosco Stick Marinara Sauce Beef Taco Salad Roasted Broccoli Citrus Corn & Tomato Salad Diced Pear Fresh Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk
26 LTO - Chicken Shawarma	27	28	29	30
Chicken Shawarma Sunbutter and Jelly Sandwich French Fries Creamy Coleslaw Diced Peaches Apple 1% Unflavored White Milk 1% low Fat Chocolate Milk	Lasagna Rollup with Sauce Garlic Toast Cheesy Bosco Stick Marinara Sauce Roasted Broccoli Cucumber Slices Mixed Fruit Banana 1% Unflavored White Milk 4% low Fat Chocolate Milk	Chicken Potstickers Chicken Fried Rice All American Hamburger on WG Bun Kung Fu Carrots Cherry Tomato Pineapple Tidbits Fresh Grapes 1% Unflavored White Milk 4% low Fat Chocolate Milk	Beefy Nachos with Homemade Cheese Fixings - Diced Tomatoes & Shredded Cheddar Yogurt Parfait with Blueberries & Granola Black Beans Shredded Lettuce Applesauce Fresh Orange Quarters	Homemade Cheese Pizza Crispy Chicken Wrap California Blend Vegetable Side Caesar Salad Diced Peaches Fresh Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk

Student Lunch	Free
Extra Entree	\$3.00
Extra Milk	\$.60
Adult Lunch	\$5.30

EXTRA INFO

Milk Choice of Unflavored Skim or Chocolate
Skim is included with breakfast and lunch.
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HARVEST OF



THE MONTH

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